



# 1120511-15 Tibetan Dance

嘉大附小六年級雙語表演藝術

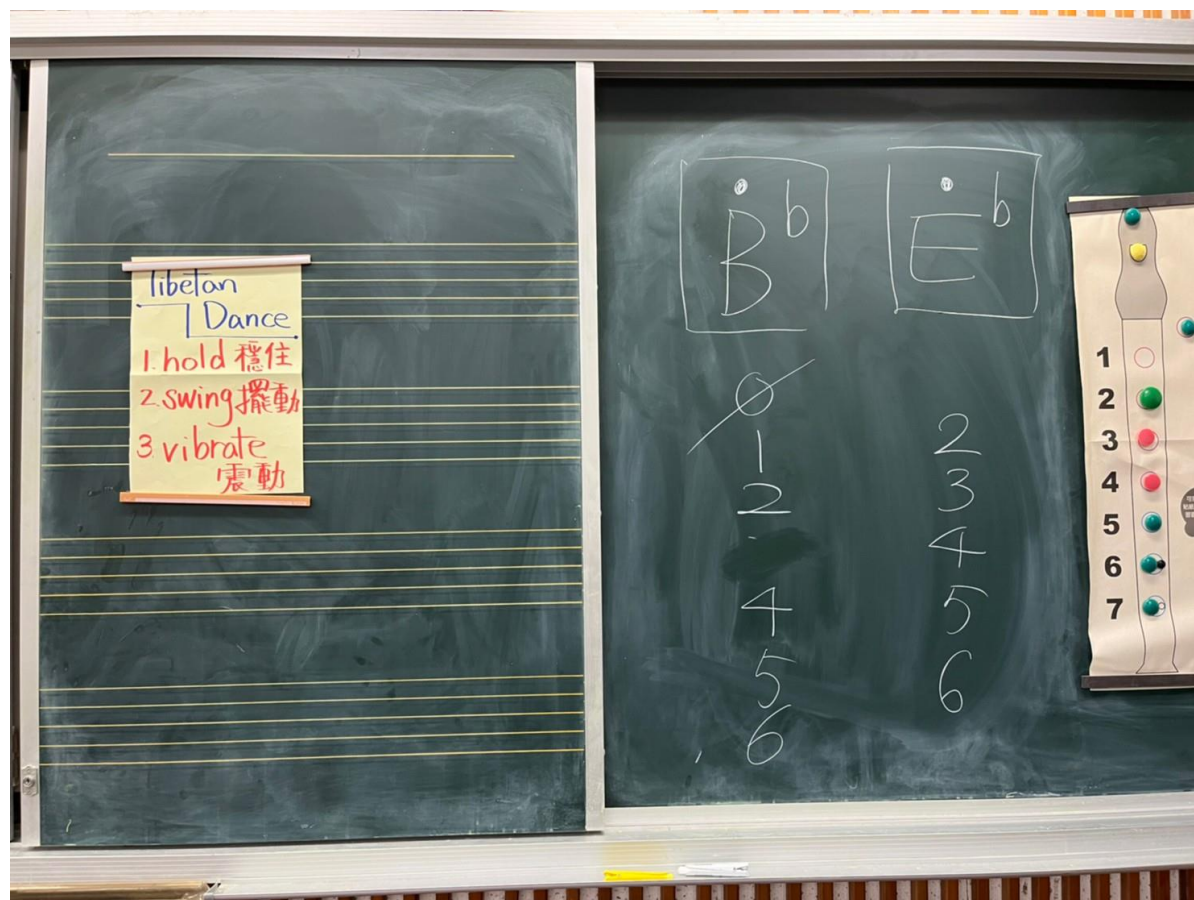
陳佳萍 李婉容

# Introduction

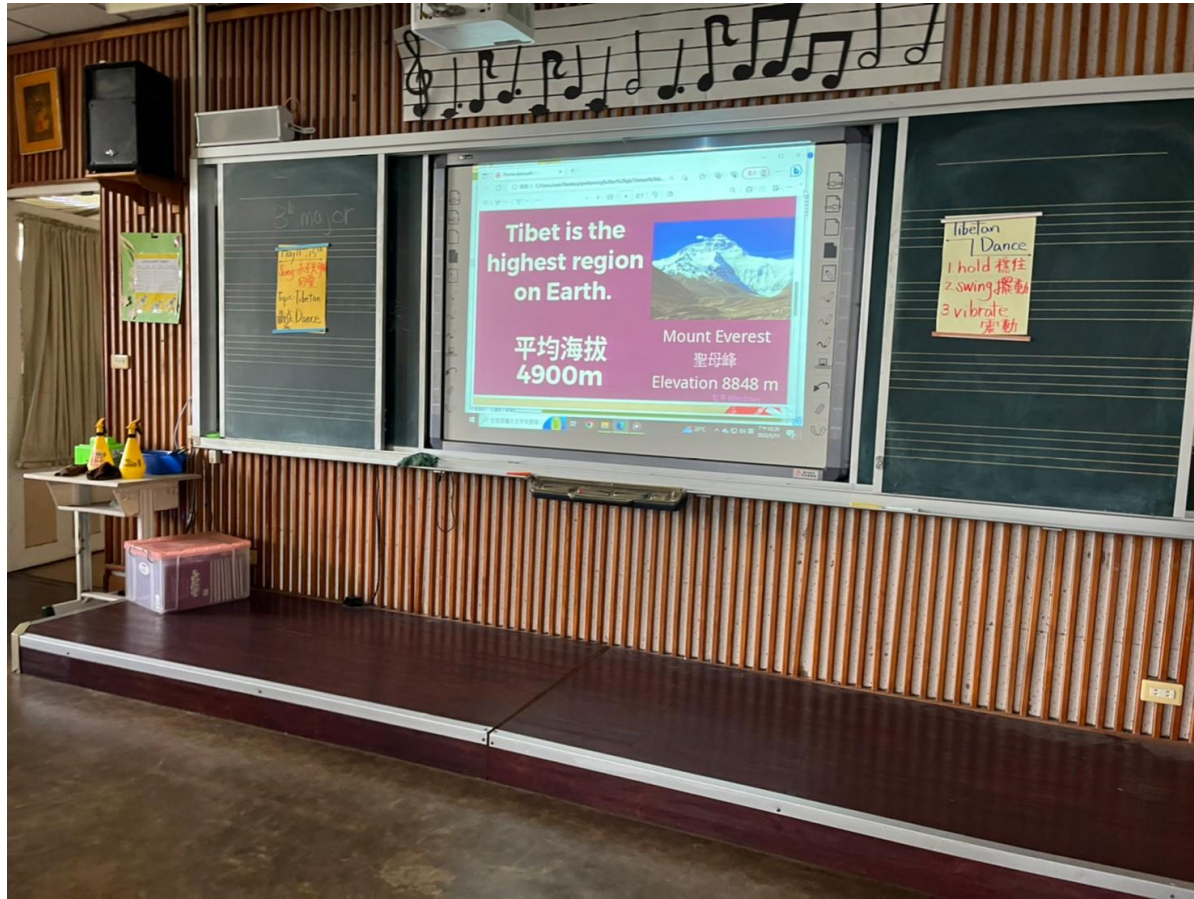
- Today we are going to learn Tibetan Dance.
- Where is Tibet? In Asia.
- What is the highest mountain in Tibet? Mount Everest.
- What are the major steps of Tibetan Dance? Hold upper body, swing arms and vibrate legs or feet.
- Now let's watch the videos to learn more about Tibetan dance.
- <https://www.youtube.com/watch?v=5bNDBnTtNvk>  
(girls dance)
- <https://www.youtube.com/watch?v=ZoPIeo9Bq0A>  
(men's dance)
- <https://www.youtube.com/watch?v=NBbPAf66-1s>  
(learn the steps)
- Now please work in teams. Choose your partners. Copy two steps from the video and design two steps by yourselves.
- The music is 康定情歌. Please dance with the music.



# Posters



# Watch the slide.



# Watch the video.



# Quiz work

## TiBe Tan Dance 藏方舞

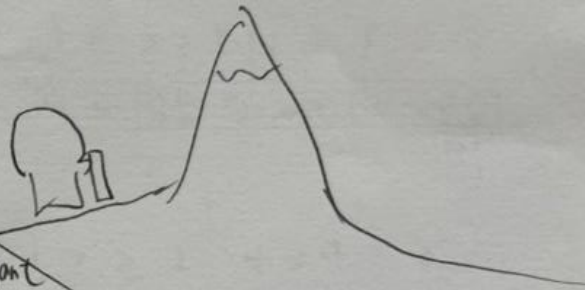
Q= where is Tibet?

A= It's in Asia  
East



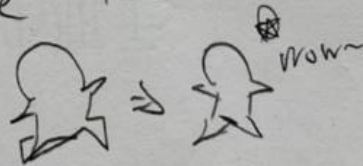
Q which mountain is highest in Tibet

A= Mount Everest is the highest.



Q= what is the important moves?

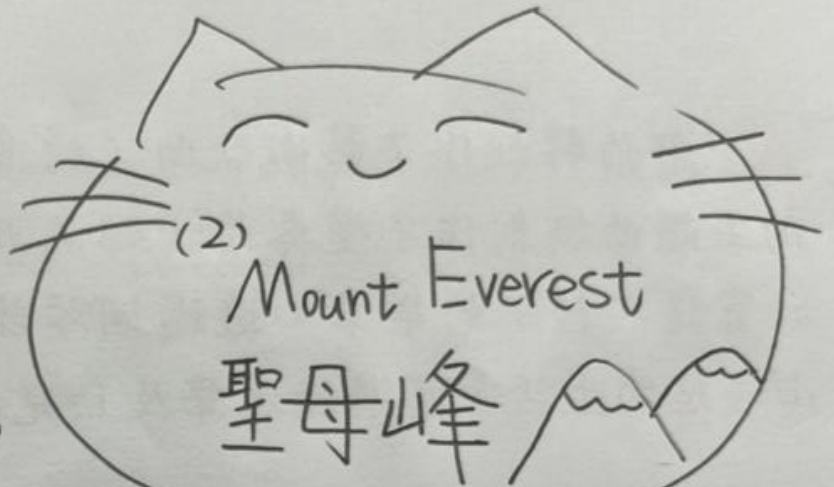
- A=
1. hold upper body
  2. swing arms
  3. vibrate knees



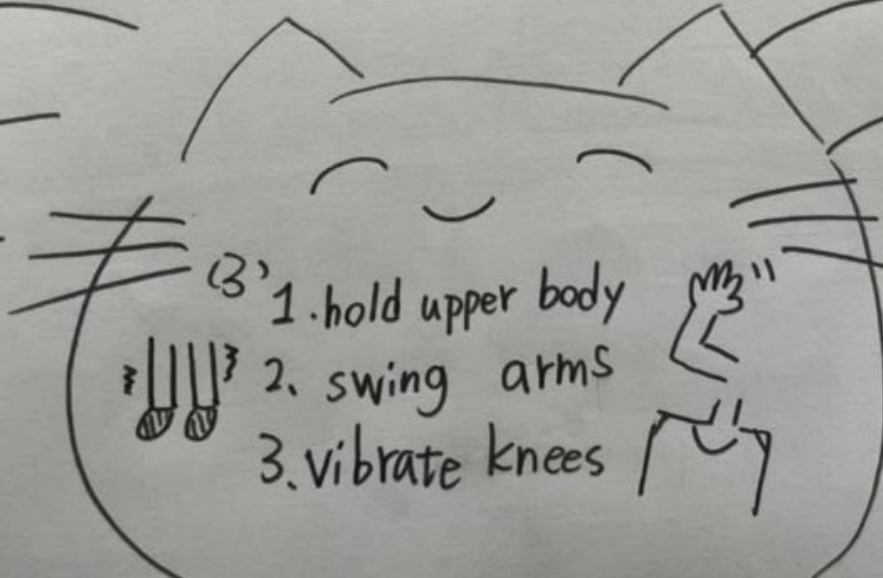
622 505



(1)  
East Asia

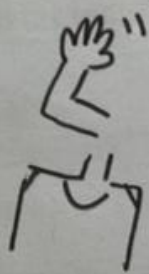


(2)  
Mount Everest  
聖母峰



TIBETAN  
DANCE

- (3)
1. hold upper body
  2. swing arms
  3. vibrate knees



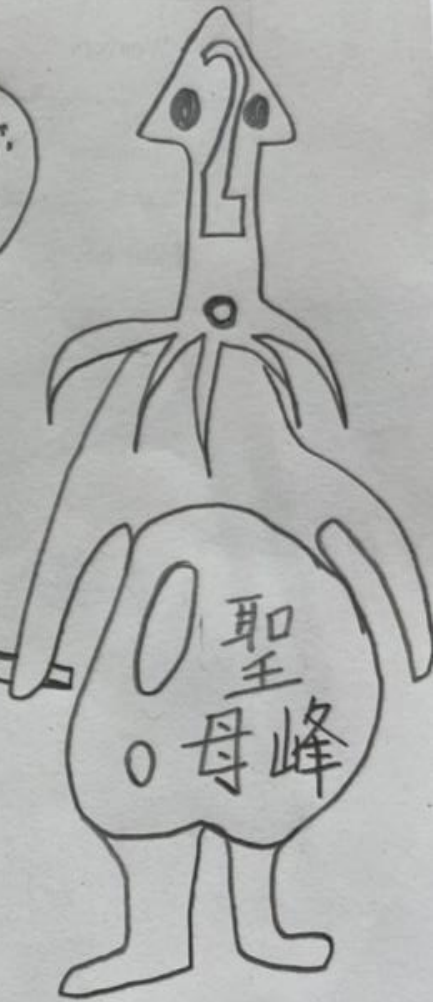
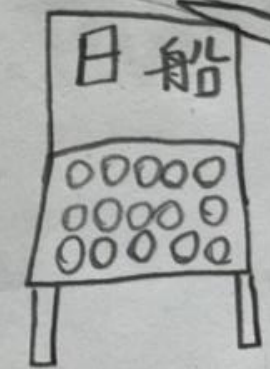
6116 王好總

6/14  
章魚串燒 Yummy

hold

swing

vibrate





# Dance together.







# Feedback

- Last year we taught too much history about Tibet. So the students couldn't dance well together. this time we use quiz time to remind some information about Tibet, then the students can rehearsal more times for the dancing.
- The students like to guess about hold/ swing/ vibrate, it's a good way for students to think more about Tibetan Dance.

